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The next volume in the Dělníci kovu series, starring Vlakin of the iconic Ingrowing

The next installment of the book series Dělníci kovu (The Metalworkers), which showcases the biographies of the key individuals from the Czech metal scene, is coming early September. After the Maestro Necrocock, whose life story was published three years ago, comes Patrik "Vlakin" Staněk of the grindcore icon Ingrowing. The author is again the Czech writer Václav Votruba.

"Although I arranged it with Vlakin already in 2020, it eventually took two years to get to it fulltime. After the Kniha kovu trilogy and the first volume of Dělníci kovu, I felt a bit tired, when it comes to writing about metal. I needed a break and to work on other projects. And it turned out to be for the best, for me reopening his biography happened in a time when Vlakin started preparing the comeback of Ingrowing. A perfect timing," says the author.

Contrary to the first installment of Dělníci kovu, Václav chose for the second one the form of a book-long interview, which is something he intends to continue with. "I had gathered a great deal of information and was wandering which form to pick, so that it is catchy and accessible for the readers, and an interview seemed like the best choice. At the same time, I was well aware that it will not be an easy task. The greatest challenge was to write the book in such a way that it is interesting not only fans of Vlakin and of his bands, but also to those, who are perhaps only now learning about the grindcore scene and thus know very little about Vlakin. I have to say I was delighted when Vlakin read the book and told me he was pleasantly surprised about the outcome," he adds.

"I like very much the approach Venca chose," says Vlakin. "Overall, I enjoyed working on it and was always looking forward to our regular meetings. It was great to reminisce, and I even managed to pull out such memories that I thought were long lost. Simply put, a very pleasant affair! In general, I consider Dělníci kovu an enterprise of great merit, as well as something that is new and not rehashed. I believe fans will find it interesting and kudos to Venca."

Even though Vlakin is the undisputed star of the book, there is also a fascinating insight into the history of grindcore and extreme metal to be had. The greatest focus is of course given to his bands, since besides Ingrowing, Vlakin was also involved with other genre icons of Isacaarum and Plastic Grave.

Out soon under MetalGate Records.